## **TELL US IF YOU ARE ILL**

Many foodborne illnesses are caused by employees who have continued to handle product after falling ill themselves.



If you know you are suffering from, are a carrier of, or have symptoms of a foodborne illness — especially vomiting or diarrhea — you must:

report this to your supervisor;

refrain from handling product;

 if performing alternative duties, take all practicable measures to prevent product from being contaminated.







