

# TELL US IF YOU ARE ILL

Many foodborne illnesses are caused by employees who have continued to handle product after falling ill themselves.



If you know you are suffering from, are a carrier of, or have symptoms of a foodborne illness — especially vomiting or diarrhea — you must:

- report this to your supervisor;
- refrain from handling product;
- if performing alternative duties, take all practicable measures to prevent product from being contaminated.